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# The flexural strength of acrylic resin repairs reinforced with different nanoparticles

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#### Abstract

Aim: The purpose of this study is to assess the flexural strength of heat-cure acrylic resins repaired with auto-polymerized acrylic resins modified with 1%, 3% TiO<sub>2</sub>, Fe<sub>2</sub>O<sub>3</sub>, CuO nanoparticles.

**Materials and Methods:** Fifty-six samples (65x10x2.5 mm) were prepared with heatcure acrylic resins and divided into 7 groups (8 samples each) to make repair procedure: Specimens were repaired with unmodified (control group) and 1%, 3% TiO<sub>2</sub>, Fe<sub>2</sub>O<sub>3</sub>, CuO added auto-polymerized acrylic resins. For 3-point flexural test, the force was loaded at 5 mm/min crosshead speed directly to the middle part of the repaired acrylic resin with a Universal Testing Machine. Data were analyzed statistically by ANOVA followed by Tukey test (p < 0.05).

**Results:** Control group showed lower strength values than the other groups. 1% TiO<sub>2</sub> nanoparticle added group showed significantly higher flexural strength values than 3% added groups and control group (p < 0.05). The highest strength value was measured in 1% TiO<sub>2</sub> group.

**Conclusion:** Acrylic resins reinforced with 1% TiO<sub>2</sub> developed higher strength than resins reinforced with 3% TiO<sub>2</sub>, Fe<sub>2</sub>O<sub>3</sub>, CuO nanoparticles. Adding 1% nanoparticles to resins could improve the fracture strength of materials.

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## Introduction

Acrylic resins are the most widely used removable denture base materials in prosthetic dentistry. Unfortunately, the long-term success of acrylic resins is unsatisfactory, and it appears as acrylic prosthesis fractures. These fractures mostly occur due to acrylic resin manufacturing problems, poorly balanced occlusion, insufficient mechanical properties of the repair resin [1, 2]. As a result of clinical use, stress occurs at the denture over time and this stress decreases the resistance of the resin and results with fractures.

After denture fractures, denture repair is considered as an alternative, as the construction of a new denture is time-consuming and expensive.

However, the method for denture repair should be cheap and easily applicable, and the repaired dentures should show sufficient mechanical and dimensional strength, and color match [3-6]. Auto-polymerized acrylic resins have important advantages for fracture repair due to its easy handling, no need for technical precision, and shortening the prosthesis repair time [4,6]. However, the long-term strength of prostheses is unsatisfactory, and fractures may occur repetitively [4,5,6].

Nanoparticles are progressively utilized in materials science due to their wear and tear resistance and anticorrosion capabilities. There are some researches to enhance the mechanical strength of repaired denture resin by adding nanoparticles such as copper oxide (CuO), iron oxide (Fe<sub>2</sub>O<sub>3</sub>), zinc oxide (ZnO), titanium dioxide (TiO<sub>2</sub>), aluminum oxide (Al<sub>2</sub>O<sub>3</sub>) and silicon dioxide (SiO<sub>2</sub>) [7,8]. Despite these studies, the effect of reinforcement with CuO and Fe<sub>2</sub>O<sub>3</sub> nanoparticles has not been fully clarified.

Therefore, the aim of this study was to assess the flexural strength of the heat-cured acrylic resins repaired with auto-polymerized resins reinforced with 1%, 3% TiO<sub>2</sub>, Fe<sub>2</sub>O<sub>3</sub>, CuO nanoparticles. The null hypothesis was that the flexural strength of the acrylic resin in repair process would not be influenced by the inclusion of nanoparticles to auto-polymerized resin.

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## Materials and Methods

Materials used in this study are listed in Table 1.

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Table	1.	Experimental	materials	used	in	this	study.	
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Material Name	Manufacturer	Composition
Panacryl Heat-cure acrylic resin	Arma Dental, İstanbul, Turkey	95% Methyl Methacrylate (MMA), 5% Ethilenglicoldimethilacrylate (EGDMA)
Autopolymerizing acrylic resin	Birlesik Group Dental (BGD), Turkey	95% Methyl Methacrylate (MMA), 5% Ethilenglicoldimethilacrylate (EGDMA)
Fe <sub>2</sub> O <sub>3</sub> nanoparticles	Nanografi Nanotechnology, Ankara, Turkey	99.9 % purity 50 nm particle size
CuO nanoparticles	Nanografi Nanotechnology, Ankara, Turkey	99.9 % purity 20 nm particle size
TiO <sub>2</sub> nanoparticles	Nanografi Nanotechnology, Ankara, Turkey	99.9 % purity 30 nm particle size

#### Sample preparation

According to American Dental Association Specification no. 12, samples (n=56) were made from metal molds  $(65\times10\times2.5 \text{ mm})$  for flexural strength assessment [9]. Heat-cure acrylic resin samples were set up by conventional technique using metal flasks. Waxes (Cavex Set Up wax; Cavex) were put into the molds, after 56 wax samples were prepared, they were invested in dental stone (Alston Dental Stone, Turkey) using a metal denture flask. Waxes were eliminated by conventional methods, followed by using of a separator (IMICRYL Imibase, Turey), the flasks were put to get to room temperature. The heat cure acrylic resins (Panacryl, Arma Dental, İstanbul, Turkey) were prepared by mixing powder and liquid according to the manufacturer's recommendation. For polymerization, the resins put into the mold, they were kept for 8 h at

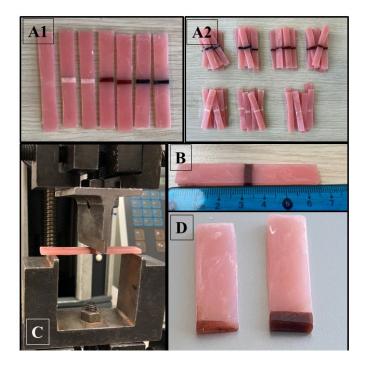


Figure 1. A1-A2: Specimens used in this study, B: Dimensional length of specimen and repair part (3mm), C: Flexural testing machine, D: Fractured specimen after testing.

 $74\pm1$  <sup>o</sup>C in water, after 8 h, they were boiled for 2 h. After the resin samples were retrieved from the molds, they were polished with 400 and 600 grits respectively to obtain a standard surface (Waterproof silicon carbide paper, English Abrasives Ltd., London, England) for 5 minutes (Figure 1).

#### Repair procedure

Two lines were drawn 1.5 mm apart on either side of the sample center and cut vertically along their long axis with a high-speed diamond disc, creating 3 mm between these two lines. A pair of divided samples was put in a metal mold. The samples were distributed randomly into 7 groups (n=8) according to nanoparticle type and concentration. To prepare the auto-polymerizing resin, the amount of  $TiO_2$  nanoparticles (99.9 % purity 30 nm particle size),  $Fe_2O_3$  nanoparticles (99.9 % purity 50 nm particle size) and CuO nanoparticles (99.9 % purity 20 nm particle size) were added in concentrations of 1% and 3% wt. to the resin powder (Nanografi Nanotechnology, Ankara, Turkey) and thoroughly homogenized in a mixer (President Dental, Germany) in a 2900 rpm cycle for 30 seconds. Nanoparticle added resins were then mixed and filled into the repair gap in accordance with the manufacturer's recommendations. After then, the repaired samples were put in a pressure pot for 20 min at 2-bar pressure. The control group was repaired with unmodified auto-polymerizing resin. After the polymerization process was completed, the samples were removed from the molds. The excess resin was removed using a #600 silicon carbide paper under water irrigation and completed to a  $10 \times 65$  $\times 2.5$  mm rectangular specimen. The samples were stored in distilled water at 37  $^{\circ}$ C for 24 h (Figure 1).

### Three-point flexural test

Universal testing machine (Lloyd-LRX, Lloyd Instruments, Fareham, UK) was used for 3-point flexural tests. A load of 500 N was applied at a crosshead speed of 5 mm/min until fracture occurred. Load at fracture was noted, and according to the sample's dimensions flexural strength was assessed [10]. The flexural strength (S in MPa) for a rectangular sample under a load was calculated by using the formula S=3WL/2bd<sup>2</sup>, where S is the flexural strength (MPa), W is the load the sample fracture

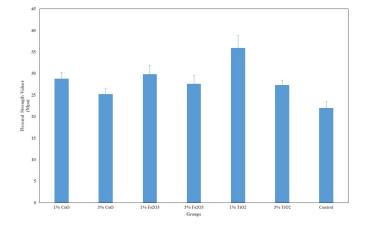


Figure 2. Bar graph of flexural stress values with SD's.

(N), L is the distance measured between the two supports, b is the sample width, and d signifies the sample thickness (Figure 1) [11,12].

## $Statistical \ analysis$

Statistical package software (SPSS Version 24.0; SPSS Inc., Chicago, IL, ABD) was used for the statistical analyses of the results. The data obtained in the study displayed a statistically normal distribution. Since the data had normal distribution within the groups, the means and the variations among the groups were examined by doing using One-Way Variance Analysis (ANOVA) and the post-hoc Tukey test.

#### Results

The flexural strength values, standard deviation, and minmax values were shown in Figure 2 and Table 2.

The findings stated that control group showed lower strength values than the other groups. 1% TiO<sub>2</sub> nanoparticle added group showed significantly higher flexural strength values than 3% added groups and control group (p < 0.05). Moreover, highest strength value was at the 1% TiO<sub>2</sub> added group and the lowest strength value was at the control group. 3% added CuO group showed lower values than other nanoparticle added groups. The results of statistical analysis is shown in Table 3.

## Discussion

In this study, the auto-polymerized resin reinforcement was conducted by incorporating 1%, 3% TiO<sub>2</sub>, Fe<sub>2</sub>O<sub>3</sub>,

**Table 2.** Number of specimens, the mean flexuralstrength values, SDs, min and max values of each group.

Groups	CuO		$Fe_2O_3$		TiO <sub>2</sub>		Control	
	1%	3%	1%	3%	1%	3%		
N	8	8	8	8	8	8	8	
Mean	28.80	25.22	29.85	27.61	35.91	27.30	21.97	
SD	1.49	1.25	2.10	1.92	2.88	1.10	1.54	
Min	21.99	20.11	21.59	21.49	23.46	22.39	15.28	
Max	34.71	28.91	36.31	35.59	45.18	31.89	26.81	

Table 3. P values between groups.

Groups	1%	3%	1%	3%	1%	3%	Control
	CuO	CuO	Fe <sub>2</sub> O <sub>3</sub>	$Fe_2O_3$	TiO <sub>2</sub>	TiO <sub>2</sub>	
1% CuO	-	0.812	1.000	0.999	0.111	0.997	0.141
3% CuO	0.812	-	0.568	0.968	0.003	0.984	0.871
1% Fe2O3	1.000	0.568	-	0.977	0.251	0.956	0.056
3% Fe2O3	0.999	0.968	0.977	-	0.037	1.000	0.331
1% TiO2	0.111	0.003	0.251	0.037	-	0.027	0.000
3% TiO2	0.997	0.984	0.956	1.000	0.027	-	0.399
Control	0.141	0.871	0.056	0.331	0.000	0.399	-

Statistical significant values between groups shown in italic numbers.

CuO nanoparticles and their effects were measured with the flexural strength test. According to the results, all concentrations of nanoparticle addition to auto-polymerized resin increased the flexural strength values of the repaired resin. Therefore, the null hypotheses were rejected.

Nanoparticles were added at 1%, 3% by weight to autopolymerized resin in this study. It was reported that low content addition of nanoparticles into acrylic resin polymers between 1% and 5% improve mechanical properties of resins [13]. It was also stated that the content level more than 5% could have negative impact on mechanical properties [13,14]. This study also showed that mechanical properties of resins decreased by increasing nanoparticle proportion.

In this study, the control group showed less flexural strength values than the nanoparticle added groups. Polyzois et al. [15] found higher flexural strength values in samples repaired with glass-fiber reinforced auto-polymerized acrylic resins. Vikram et al. [16] reported that the incorporation of nanoparticles improved the surface hydrophobicity and decreased the accumulation of molecules. These results are parallel with our findings, as the reinforcement repair material with nanoparticles increased the flexural strength values. In this study 3% concentration performed less flexural strength than 1% concentration added nanoparticles. Sodagar et al. [7] stated that adding 0.5%and 1% of TiO<sub>2</sub> and SiO<sub>2</sub> nanoparticles to acrylic resin decreased the mechanical properties of the resin. They also reported that increasing concentration of  $TiO_2$ , reduced the mechanical strength values of the material, and nanoparticles might have negative effects on polymerization of acrylic resins [7]. On the other hand, Zhang et al. [17] studied the effect of TiO<sub>2</sub> nanoparticles on different concentrations of acrylic resin. They stated that the highest strength value was seen in resins modified with 3% TiO<sub>2</sub>. In our study 3% TiO<sub>2</sub> added group showed less strength values than 1% TiO<sub>2</sub> group. Toodehzaeim et al. [18] evaluated the effects of CuO nanoparticles on the mechanical strength of orthodontic adhesives. They concluded that the shear bond strength of adhesives was not affected by adding CuO nanoparticles. These studies are not in line with our findings. These variations may be explained by the differences in material type, mechanical test, and different experimental procedures.

The most used and recognized method to measure flexural resistance of denture base polymers in conformity with international ISO 1567:1999 standards is 3-point flexural test [19]. The samples were applied at 5 mm/min force as suggested in Barbosa's study [20]. According to ISO 1656, bending resistance of an acrylic resin should not be lower than 65 MPa [21]. It is known that the flexural strength values of auto-polymerized acrylic resin are lower than that of the heat-cure resin; hence, more likely to fracture due to strength inconsistency [22,23]. The previous studies reported that the flexural strength of auto-polymerized resin is 18 to 81% lower than those heat-cure acrylic resins [22-25]. In this study, the highest strength was 45.18 MPa less than 65 MPa. More studies are needed to strengthen the mechanical properties of the repaired denture base resins for longer clinical use.

In this study, the fractures were observed mostly at the bonding areas between auto-polymerized and heat-cure acrylic resins. Therefore, reinforcing repair material is not enough for repaired material's mechanical strength, but also it is needed to increase the strength of bonding areas by roughening mechanically or chemically to ensure mechanical interlocking. The present study is limited due to being performed under laboratory conditions, which are different from the oral environment. In addition, further in vitro studies are needed including storage of the samples in saliva and/or application of mechanical and thermal cyclic stresses, adjusting bonding interface of repaired resins, different surface treatment procedures, or incorporating different nanoparticles. Clinical studies are also required to fully understand resins reinforced with the nanoparticles.

#### Conclusion

It can be concluded that adding nanoparticles, especially 1% TiO<sub>2</sub> reinforced the mechanical properties of resins. As most of the failures in this study occurred between the bonding area, more research is needed as the interface properties of the bonded material to the prosthesis are important for mechanical interlocking and strength.

#### Ethics approval

In our study, animals and humans were not used, only laboratuvary materials were used.

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